

Christian camps are in constant need of professional and dedicated staff members. To help fill this need, Pine Bush Bible Camp has developed an intensive lifeguard training program. Individuals completing this program have gone on to serve the Lord at Pine Bush Bible Camp and many other Christian camps in the northeast.

Lifeguard Week 2007 will provide the comprehensive training required by the NY State Department of Health. Certification will be provided in the following subjects:

- ✓ **Standard First Aid**
- ✓ **CPR For The Professional Rescuer**
- ✓ **Lifeguard Training**
- ✓ **Waterfront Lifeguarding**

American Red Cross instructors will be on hand for Lifeguard Week 2007. They will provide nationally recognized certifications to all who complete the course requirements. Quality instruction of this kind will ensure that our lifeguards are prepared to serve the Lord in a variety of situations.

Students will be educated on a number of water safety topics including:

- ⇓ Emergency Action Planning
- ⇓ Pool, Lake, and Waterfront Rescue
- ⇓ Use of rescue equipment
- ⇓ Patron Surveillance
- ⇓ Spinal Injury Management
- ⇓ Small Craft Safety

Additional training will also be provided in facility management topics such as:

- ⇓ Water Testing
- ⇓ Record Keeping
- ⇓ Chemical Safety
- ⇓ Risk Management

Standard First Aid (Expiration date _____) Other _____

Lifeguard Training (Expiration date _____) CPR-FPR or BLS _____

I am certified in:

Phone (____) _____ - _____ Birth date ____/____/____

City _____ State _____ Zip _____

Address _____

First Name _____

Last Name _____

Prerequisites:

- ✓ 17 Years of age
- ✓ Excellent physical condition
- ✓ Strong swimming skills:
 - Crawl stroke
 - Breast stroke
 - Treading water
- ✓ Ability to swim 500 yards without stopping
- ✓ Desire to serve at camp

Physical Requirements:

Lifeguard week is a physically demanding program. It is the responsibility of the participants to arrive at camp in good physical condition.

Classes will begin promptly with an introductory session at 9:00 PM on June 22th. Please be on time. Participants may arrive at camp between the hours of 7:00 PM and 9:00 PM. No meals will be served on the first night. Classes will end no later than 4:00 PM Saturday June 30. Participants who are under age 18 must also bring a medical release form signed by a parent or guardian. Contact Alice Palmer for a copy of the form.

What to bring:

- ★ Bible
- ★ Notebook and pen
- ★ Several towels & bathing suits
- ★ Warm clothes
- ★ Swim goggles (optional)
- ★ Mask, fins, & snorkel (optional)
- ★ Books, CPR masks, and other materials from previous courses
- ★ Sunblock

Cost:

\$50 non-refundable registration fee and a commitment to serve at least **FOUR** weeks at Pine Bush Bible Camp (a limited number of partial scholarships are available). Make all checks payable to **Pine Bush Bible Camp**. **NOTE:** There will be a \$175 fee charged to anyone failing to fulfill their commitment of four or more weeks of service.

Space is limited so register early. Registrations must be received by May 31, 2007. For more information, call Randy or Alice Palmer at (908) 464-8851 (email: aliwag@mindspring.com). Please mail the attached registration form (along with \$50 registration fee) to:

Alice Palmer
809 Mountain Avenue
New Providence, NJ 07974

PINE BUSH BIBLE CAMP
LIFEGUARD WEEK '07
AMERICAN RED SOX

FRIDAY
JUNE 22, 2007
TO
SATURDAY
JUNE 30, 2007

